



Words of Wisdom

*Compiled from the Writings of
Sri Chinmoy*

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THE GOLDEN SHORE

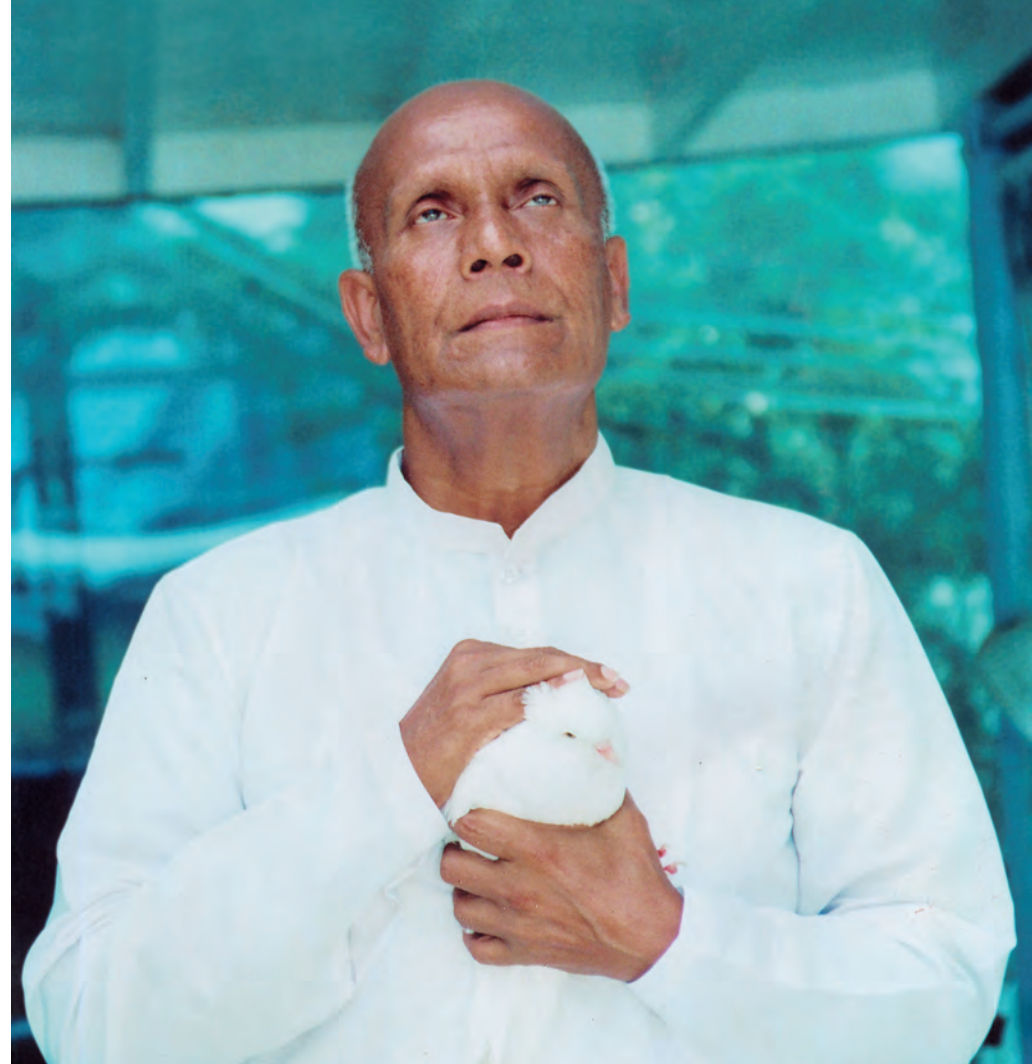


Preface

People with great knowledge are not hard to find. Wise people, however, are extremely rare.

Sri Chinmoy – a philosopher, poet, visionary, mystic and yogi – doubtlessly ranks among the great sages in the history of humanity. Born in India in 1931, he was raised in a spiritual community. In 1964, following an inner command, he moved to New York. There, until his passing in 2007, he led a very active, committed and creative life, producing a multitude of books, songs, paintings and drawings. Sri Chinmoy also initiated many international sports events, peace activities and humanitarian programmes.

Promoting the spiritual path of the heart, Sri Chinmoy established flourishing meditation centres on all continents. As a mystic, he spent countless hours in meditation, where he experienced union with the Source, with the Supreme Being. The source of all his achievements is God Himself, he liked to point out, while considering himself a mere instrument or channel. And this is what makes his books so unique and incredibly fascinating!



The book is a collection of reflections that are timeless and provide benefit to anyone. Simply trying to implement these pearls of wisdom into one's daily life is well worth the effort!

For more information, visit www.srichinmoy.org



Words of Wisdom

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Sri Chinmoy*

*When I am the voice of my heart,
Wisdom immediately comes
To shake hands with me.*

** * **

*Do not waste
Your precious time.
Every day
Try to make it a point
To make real sense
Out of your life.*

** * **

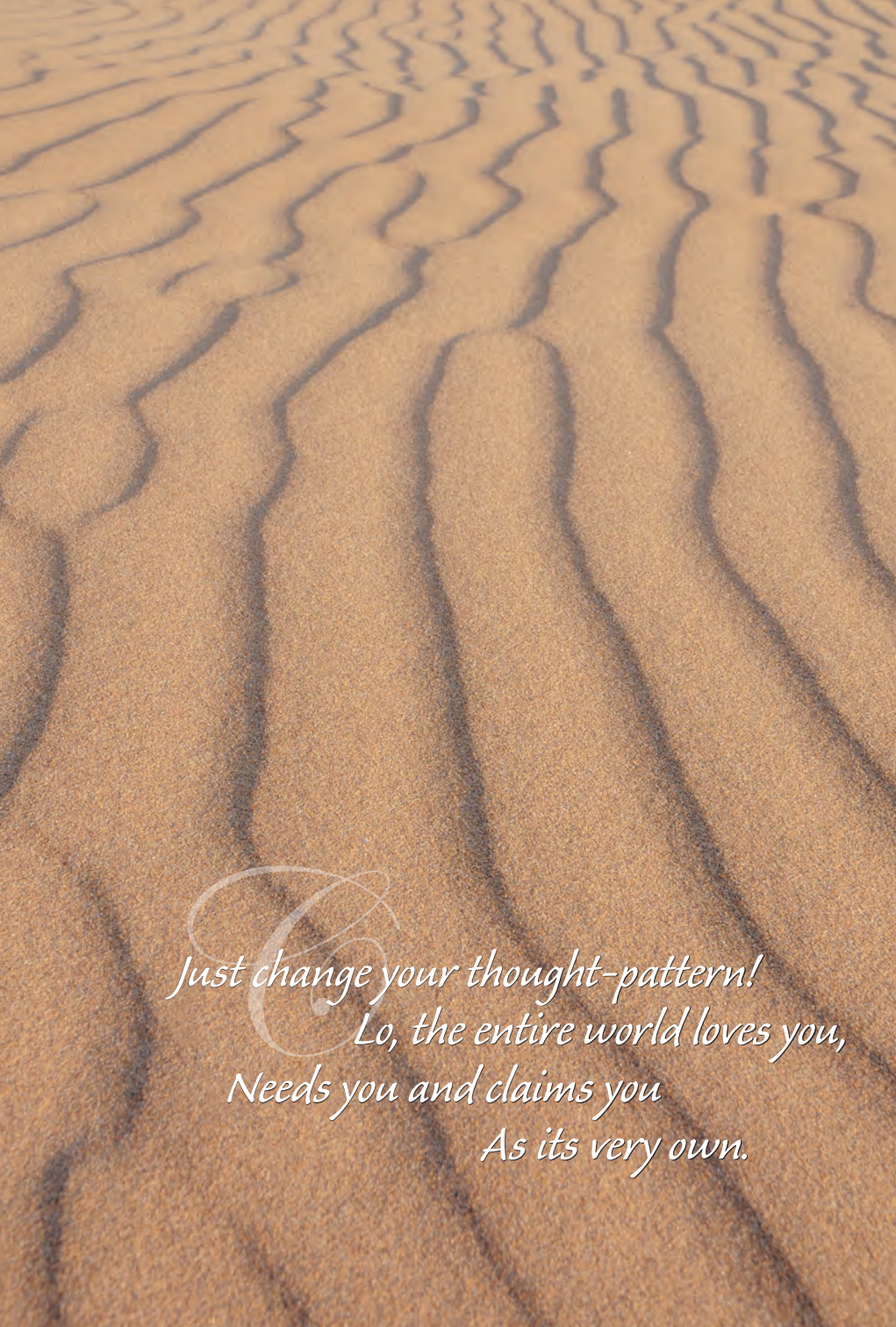
*A man without a goal
Is a restless sleep
Without a sweet dream.*

** * **

*Imagine the whole world could recognise that
It is God's Creation.*



*Every day there is only
One thing to learn:
How to be honestly happy.*



*Change your inner attitude first!
Your outer environment
Will automatically change.*

** * **

*Nobody wants to be
The mind's puppet,
But, unfortunately,
We all are.*

** * **

*A single thought
Has the power of a bullet:
Either it can destroy you
Or it can help you
Immensely.*

** * **

*One troubling thought
Is enough
To make our life miserable.*

*Just change your thought-pattern!
Lo, the entire world loves you,
Needs you and claims you
As its very own.*

*Happiness comes
From renunciation,
And not
From possession.*

** * **

*Desire
Is nothing but poison —
Yet we enjoy it.*

** * **

*Alas, my poor desire-life
Does not recognise
That it is captive
In its own net.*

** * **

*When we desire,
Frustration and destruction loom large
In our life.*

*Thinking is becoming.
Therefore, be extremely careful
In your thinking.*





*If your life does not give joy
To others,
Then how can you expect
Your heart to give any joy
To you?*



*Be wise —
Try to see only
The beauty and fragrance
Of this earth-planet.*

*We should be grateful
For what we have
And for what we have not.
Everything might change
For the worse.*

** * **

*Let our speciality
Be uniting,
Not separating.*

** * **

*You must never forget
That greatness
Does not guarantee happiness,
But goodness always does.*

** * **

*Dream, dream, dream!
Then you will have no time
To suffer from despair.*

*To be true to oneself
Is the hardest test
Of life.*

* * *

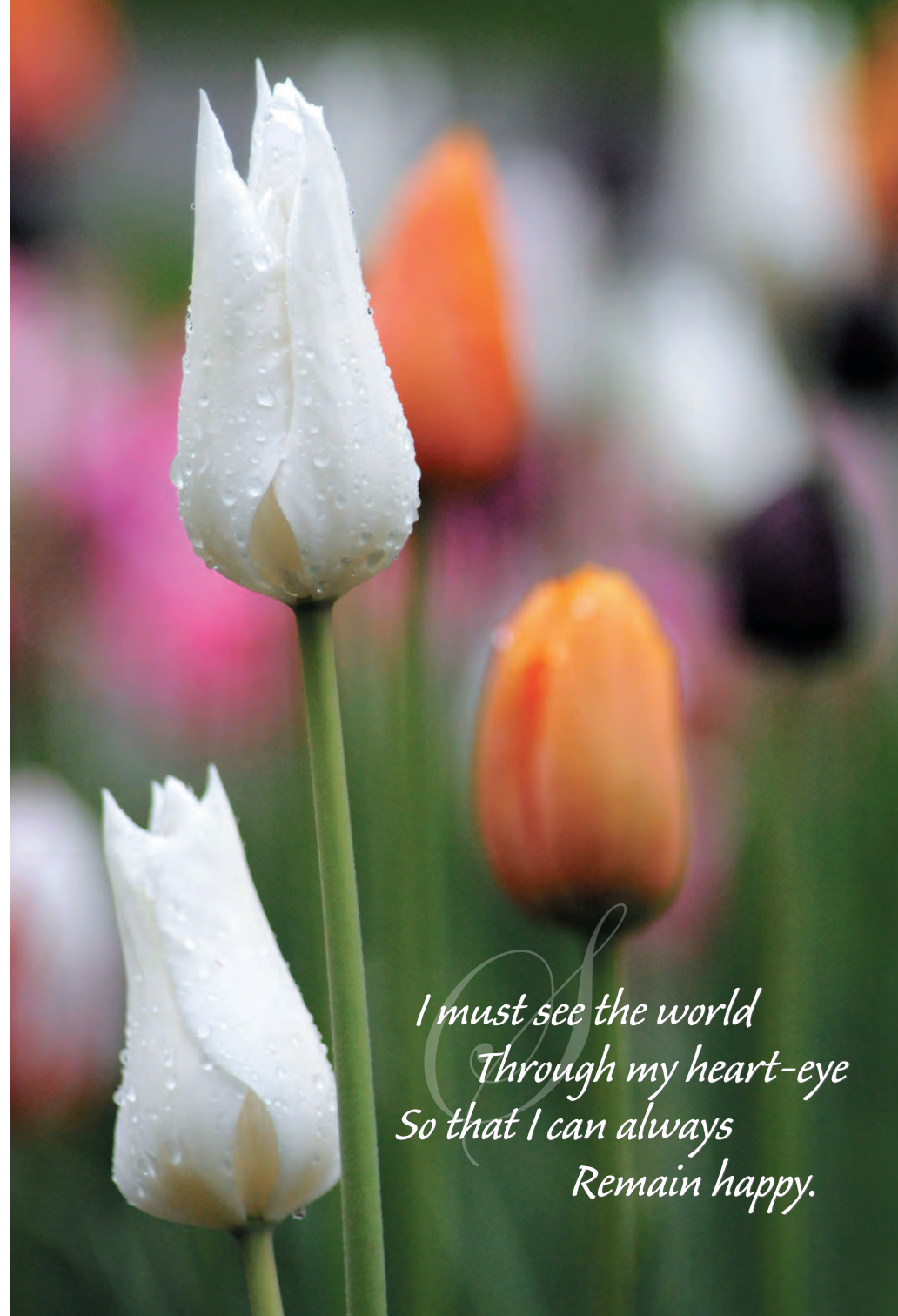
*Do you want to change the world?
Then change yourself first.
Do you want to change yourself?
If so, remain completely silent
Inside the silence-sea.*

* * *

*It is better
To make mistakes
Than to lie idle.*

* * *

*The difficulty is that we try to perfect others
Before we perfect ourselves.*



*I must see the world
Through my heart-eye
So that I can always
Remain happy.*

*The land of freedom
Is not around us,
Not before us,
But deep within us.*



*Do not waste time —
'Tomorrow' never comes!*

** * **

*Nobody is adopted.
All are created by God
As His own children.*

** * **

*Be kind, be all sympathy,
For each and every human being
Is forced to fight against himself.*

** * **

*At times,
Memory
Is our best friend.*

*At times,
Forgetfulness
Is our best friend.*



*World-peace
Can be achieved
When the power of love
Replaces
The love of power.*

*Ego soars and soars,
Only to be smashed
On reality's
Solid stone floors.*

** * **

*To conquer the ego
Is to gain
Boundless freedom.*

** * **


*Pride separates,
Humility unites.*

** * **

*Independent
Nobody is —
We just fool ourselves.*



*To brighten your life
You must
Widen your heart.*

A photograph of two women with long blonde hair, wearing pink dresses, embracing each other from behind on a beach. The ocean waves are visible in the background.

*You follow
Your heart's love.
Your life's happiness
Will follow you.*

*When there is a feeling of supremacy,
You can forget about harmony.*

** * **

*The glories of the outer life
Will eventually fade away
Like the falling stars.*

** * **

*Ego does not live alone.
It always lives with
Its dear friends:
Frustration and destruction.*

** * **

*If there is fear,
Then we have lost
Half the battle.*

*Anything worth having
Is worth sharing
As well.*

** * **

*Do not blame the world;
Better it.
How?
By bettering yourself
At every moment.*

** * **

*Circumstances
Cannot change man's life.
His attitude
Can and does.*

** * **

*What you do not use yourself, do not give to others.
For example, advice.*



*To live in the Eternal Now,
We need an ever-progressing
Child-heart.*

A close-up photograph of a pink hibiscus flower. The petals are a vibrant pink color with prominent, darker pink veins radiating from the center. The center of the flower features a cluster of numerous stamens with light-colored anthers and a central pistil. The background is a soft, out-of-focus pink, creating a harmonious and serene atmosphere.

*No price is too great
To pay for inner peace.*



*Everybody's life
Is being shaped
By the invisible hand
Of fate.*

*I am not needed
To say the right thing.
I am only required
To be the right thing.*

** * **

*What comes to me
Unmistakably
Is what I carefully
Or carelessly
Invite.*

** * **

*There is only one Goal that is Truth,
But this Goal is expressed and at the same time
Is sought in different forms.*

** * **

*A good intention
Can change
A great many conditions.*

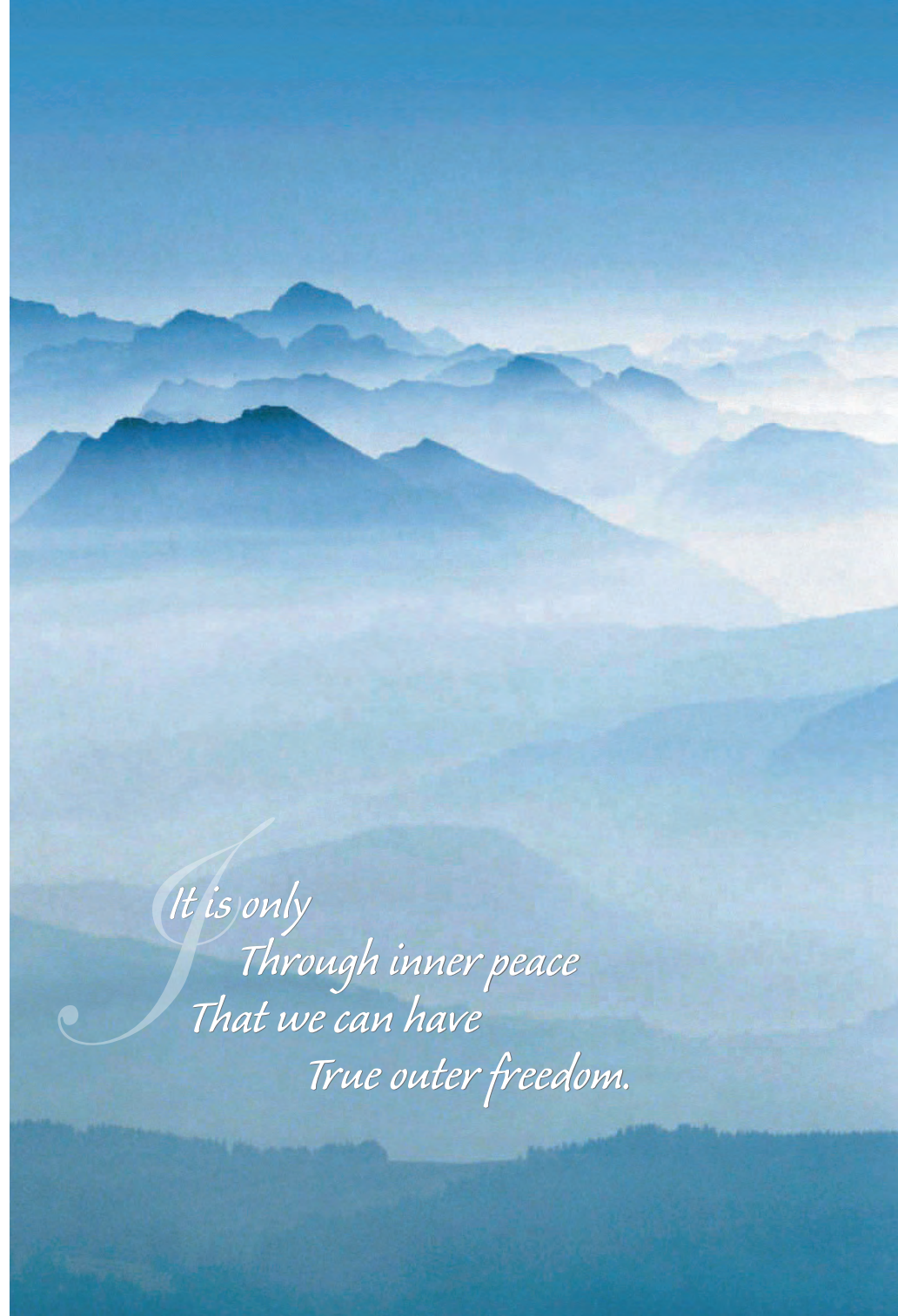
*Never worry about things
That you are unable to change.
Change your own way
Of looking at truth.
Look from a higher
And more encompassing
Life-tree branch.*

** * **

*You are quite advanced
The moment you feel
That yours is not the only way.*

** * **

*Relax, just relax!
Lo, to your wide astonishment,
Your cruel difficulties
Are also relaxing with you.
They feel that they rightly
Deserve some rest.*



*It is only
Through inner peace
That we can have
True outer freedom.*



*The remembrance of happy days
Can easily help you escape
From today's frustration-night.*

*Don't discuss,
Don't think,
Just do!*

** * **

*The Goal has to be won.
If it comes and stands
In front of you
At your journey's start,
You will not value it.*

** * **

*No self-mastery,
No real happiness.*

** * **

*If you do the right thing,
Eventually you will inspire others
To do the right thing.*

A dramatic sunset over the ocean. The sky is filled with clouds, transitioning from deep blue at the top to vibrant orange and red near the horizon. The sun is low on the horizon, creating a bright glow. In the foreground, a person is silhouetted against the beach, looking out at the waves. The water reflects the colors of the sky.

*Each moment is precious,
Extremely precious,
Far beyond our imagination.*

*To be rich
Is to give a smile
With no expectation
Of return.*

** * **

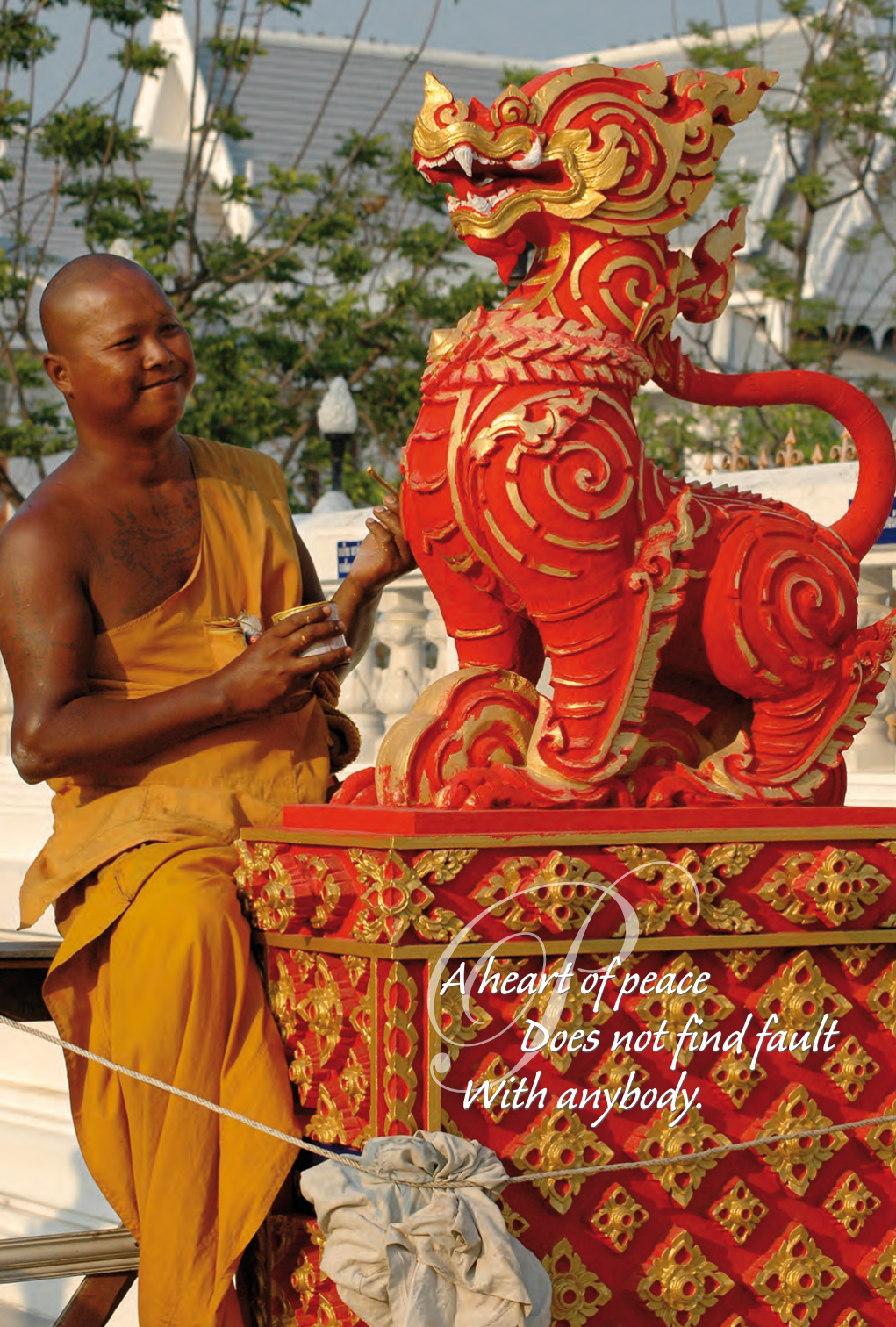
*Those who run after happiness
Will never be happy.
Happiness is something
That has to come to the fore
From within.*

** * **

*We must appreciate
The pain of life,
For it is from the pain of life
That we value
The sweetness of life.*



*Do not allow
Tomorrow's worries
To destroy today's joy.*



*A heart of peace
Does not find fault
With anybody.*

*Do not worry
About your future.
Pay all attention
To the Eternal Now.*

** * **

*The present connects
Our beginningless past
And our eternal future.*

** * **

*Anything we do for the world
Is bound to be returned
Infinitely more.*

** * **

*Always try to believe
In the kindness and goodness
Of other human beings.*

*Humour is essential
In everybody's life.
Never outgrow humour.*

* * *

*A life without ups and downs
May not be
So completely fulfilling.*

* * *

*If you anticipate misfortune,
Misfortune will knock
At your life-door
Sooner than at once.*

* * *

*There is only one medicine
To get rid of anger-attack:
Forgive immediately
And forget deliberately.*



*Where love is thick,
Faults are thin.*



*This world
Is more charming
Than we can ever imagine.*



*Do not judge,
But love and be loved,
If you want
To be really happy.*

*Fear is a real enemy.
What does it do?
It buys our coffin,
Long before we are destined to die.*

** * **

*We cherish many stupid thoughts and ideas;
In our day-to-day life we forget
That we have an eternal life, an endless life,
A divine reality within us.*

** * **

*All evil thoughts unmistakably,
Unceremoniously, plus unavoidably
Come back to the ill-fated sender.*

** * **

*We must see things
As they are,
And not as we want to see them.*

Is the world so unbearable?

No!

What we need is only

A little more love

For the world.

** * **

When they see your cheerfulness-shield,

Frustration, depression, doubt,

Anxiety and worry

Will not dare to attack you.

** * **

There is no such thing

As insignificant work.

Therefore, we must needs do everything

With our heart's love

And our life's respect.



*Peace begins
When expectation ends.*



*I have trained my eyes
To see only the beauty
Inside each and every life.*

*Do not
Blame the world.
Find
A solution.*

** * **

*A life without goals
Is a helpless passenger
In a sinking boat
Without a boatman.*

** * **

*He who allows his yesterday
To take over his today
Is, indeed, a stark fool.*

** * **

*Whenever there is suffering,
Immediately you have to feel
That it could have been
Infinitely worse.*

Allow failure to teach you

A supreme lesson:

Each sunset is the beginning

Of a very, very bright

And powerful sunrise.



*Humour has the magic power
To lighten our minds
And gladden our hearts.*

* * *

*If we do not have cheerfulness,
We are carrying a dead elephant
On our shoulders.*

* * *

*When we have an inner smile,
We are able to accomplish
Faster than the fastest
What would otherwise have taken
A very, very long time.*

* * *

*Enthusiasm and eagerness
Can definitely create
New opportunities.*



*No medicine
Is as good
As hope.*



*Perfect happiness is
Enthusiasm minus
Expectation.*

*Not by blaming the world,
Not by shunning the world,
But only by loving the world
Can I have peace of mind.*

** * **

*Try not to change the world.
You will fail.
Try to love the world.
Lo, the world is changed.
Changed forever.*

** * **

*You do not have to try
To conquer the world.
The world will be immediately
In your hands
If you just stop finding fault with it.*

*There is no such thing
As the perfect moment.
Every moment is perfect
In a very special way.*

** * **

*My louder than the loudest laughter
Is, indeed,
One of my life-preservers.*

** * **

*Change yourself slowly
And cheerfully.
Conditions will change immediately
And unimaginably.*

** * **

*Take off the mask.
Let the world see the real you.
I assure you that the world will be happy and blessed.*





*Paradise is not a place;
It is a state of consciousness.*

*If you wait for opportunities
To become easily available,
Then you will never be able
To succeed in life.*

** * **

*When we sow a seed,
Immediately it does not become a tree.*

** * **

*Just be positive
In everything that you say and do.
Your mind will escape the poison
Of self-created negativity.*

** * **

*The greatest misfortune that can come to a human being
Is to lose his inner peace.*



*If you feel like an ant,
Then you will always remain an ant.*



*There is a key for every lock,
And that key is
Our unconditional love.*

*The problem with fault-finding
Is that he who finds fault with others
Is in no way a happy person
Even after he has successfully
Accomplished his task.*

** * **

*No thirst for gain,
No fear of loss,
Lo! peace is yours.*

** * **

*Just a little sympathy
From the heart
Is an antidote
To many of our mental pains.*

** * **

*How to overcome destructive criticism?
Just love a little more.
That's all.*

*The greatest misfortune
That can come to a human being
Is to lose his inner peace.
No outer force can rob him of it.
It is his own thoughts, his own actions,
That rob him of it.*

** * **

*When we can silence the mind,
Our life becomes a fertile field
Where a bumper crop can grow.*

** * **

*One word that wakes
All humanity:
Love, love, love!*

** * **

*I love my enemies for two reasons:
They inspire me to recognise my weakness.
They also inspire me to perfect my imperfect nature.*



*To improve and
not to prove myself,
I see the light of day.*



L
Love is the only law.

Sources

Page 8

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Twenty-Seven Thousand Aspiration-Plants 11,795
Imagine, p. 41

Page 9

Ten Thousand Flower-Flames 6,947

Page 10

Seventy-Seven Thousand Service Trees 15,571

Page 11

Seventy-Seven Thousand Service Trees 432
Seventy-Seven Thousand Service Trees 48,694
Seventy-Seven Thousand Service Trees 15,410
Seventy-Seven Thousand Service Trees 41,503

Page 12

Seventy-Seven Thousand Service Trees 4,775
Seventy-Seven Thousand Service Trees 46,821
Seventy-Seven Thousand Service Trees 6,473
Canada Aspires, Canada Receives,
Canada Achieves Part 1

Page 13

Seventy-Seven Thousand Service Trees 26,461

Page 14 + 15

Ten Thousand Flower-Flames 6,538

Page 16

Seventy-Seven Thousand Service Trees 49,312

Page 17

Seventy-Seven Thousand Service Trees 26,905
Seventy-Seven Thousand Service Trees 15,392
Twenty-Seven Thousand Aspiration-Plants 13,271
Twenty-Seven Thousand Aspiration-Plants 14,640

Page 18

Seventy-Seven Thousand Service Trees 26,570
Peace-Lovers 135
Seventy-Seven Thousand Service Trees 13,780
Illumination of Life-Clouds part 2

Page 19

Seventy-Seven Thousand Service Trees 35,252

Page 20

Seventy-Seven Thousand Service Trees 46,335

Page 21

Seventy-Seven Thousand Service Trees 49,299
Seventy-Seven Thousand Service Trees 13,945
Twenty-Seven Thousand Aspiration-Plants 12,871
Seventy-Seven Thousand Service Trees 27,154
Seventy-Seven Thousand Service Trees 27,155

Page 22 + 23

Peace-Lovers 15

Page 24

Seventy-Seven Thousand Service Trees 46,813
Seventy-Seven Thousand Service Trees 46,616
India and her Miracle-Feast part 4
Seventy-Seven Thousand Service Trees 40,823

Page 25

Twenty-Seven Thousand Aspiration-Plants 13,285

Page 26

Twenty-Seven Thousand Aspiration-Plants 8,300

Page 27

Sri Chinmoy Answers part 26
Seventy-Seven Thousand Service Trees 13,566
Twenty-Seven Thousand Aspiration-Plants 16,335
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Page 28

Ten Thousand Flower-Flames 2005
God's Hour, Nov. 18
Twenty-Seven Thousand Aspiration-Plants 16,768
Meditations: Food for the Soul, May 11

Page 29

Seventy-Seven Thousand Service Trees 42,040

Page 30 + 31

Yoga and the Spiritual Life, "Our Peace Is Within"

Page 32

Seventy-Seven Thousand Service Trees 26,258

Page 33

Ten Thousand Flower-Flames 935
Twenty-Seven Thousand Aspiration-Plants 18,645
Earth's Cry Meets Heaven's Smile part 3
Ten Thousand Flower-Flames 1,869

Page 34

Twenty-Seven Thousand Aspiration-Plants 16,321
Twenty-Seven Thousand Aspiration-Plants 7,756
Ten Thousand Flower-Flames 1,238

Page 35

Peace-Lovers 43

Page 36

Twenty-Seven Thousand Aspiration-Plants 2,586

Page 37

Twenty-Seven Thousand Aspiration-Plants 5,083
Seventy-Seven Thousand Service Trees 15,737
Seventy-Seven Thousand Service Trees 35,250
Opportunity and Self-Transcendence p. 56

Page 38 + 39

Seventy-Seven Thousand Service Trees 49,222

Page 40

Seventy-Seven Thousand Service Trees 26,508
Seventy-Seven Thousand Service Trees 40,541
Seventy-Seven Thousand Service Trees 48,154

Page 41

Seventy-Seven Thousand Service Trees 24,883

Page 42

Seventy-Seven Thousand Service Trees 42,038

Page 43

Seventy-Seven Thousand Service Trees 934
Seventy-Seven Thousand Service Trees 15,623
Seventy-Seven Thousand Service Trees 35,692
Seventy-Seven Thousand Service Trees 35,676

Page 44

Seventy-Seven Thousand Service Trees 35,749
Seventy-Seven Thousand Service Trees 918
Seventy-Seven Thousand Service Trees 26,729
Seventy-Seven Thousand Service Trees 15,226

Page 45

50 Freedom Boats part 4

Page 46 + 47

Seventy-Seven Thousand Service Trees 42,762

Page 48

Seventy-Seven Thousand Service Trees 35,753

Page 49

My Rose Petals part 1
Illumination of Life-Clouds part 1
Twenty-Seven Thousand Aspiration-Plants 13,389
Seventy-Seven Thousand Service Trees 26,833

Page 50

Seventy-Seven Thousand Service Trees 4,386
 Ten Thousand Flower-Flames 9,214
 Ten Thousand Flower-Flames 7,207

Page 51

Flame-Goal, Sept. 17

Page 52

Seventy-Seven Thousand Service Trees 48,995

Page 53

The God of the Mind
 Twenty-Seven Thousand Aspiration-Plants 20,710
 Seventy-Seven Thousand Service Trees 26,843
 God the Supreme Humourist, part 1

Page 54+55

Twenty-Seven Thousand Aspiration-Plants 628

Page 56

Seventy-Seven Thousand Service Trees 42,832
 Seventy-Seven Thousand Service Trees 15,839
 Seventy-Seven Thousand Service Trees 40,322
 Seventy-Seven Thousand Service Trees 26,524

Page 57

Seventy-Seven Thousand Service Trees 46,148

Page 58

God of the Mind p. 22

Page 59

Seventy-Seven Thousand Service Trees 41,512
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Page 60

Seventy-Seven Thousand Service Trees 26,734
 Seventy-Seven Thousand Service Trees 642
 Ten Thousand Flower-Flames 1.962
 Excerpt from To-Morrow's Dawn

Page 61

Life's Bleeding Tears part 1

Page 62 + 63

50 Freedom-Boats part

Page 64

Twenty-Seven Thousand Aspiration-Plants 8,802
 Japan: Soul-Beauty's Heart-Garden, part 33
 Twenty-Seven Thousand Aspiration-Plants 14,673
 Yoga and the Spiritual Life, "Our Peace Is Within"

Page 65

My Heart's Salutation to Australia, part 2

Page 66

Seventy-Seven Thousand Service Trees 35,697

Page 67

Ten Thousand Flower-Flames 3,747
 Yoga and the Spiritual Life, What Is the Aim of Life?
 Twenty-Seven Thousand Aspiration-Plants 16,503
 To-Morrow's Dawn

Page 68

Yoga and the Spiritual Life, "Our Peace Is Within"
 Fifty Freedom-Boats To One Golden Shore, Part 3
 Seventy-Seven Thousand Service Trees 5,517
 Meditations: Food For The Soul

Page 69

Flame-Goal

Page 70

The Eternal Journey

Most of these selections were taken from one of Sri Chinmoy's major poetry series: Ten Thousand Flower-Flames (a set of 10,000 poems), Twenty-Seven Thousand Aspiration-Plants (27,000 poems) and Seventy-Seven Thousand Service-Trees (of which he completed 50,000 of a planned 77,000 poems). For selections from these poetry series, the poem number is given. For selections from other books, the page number is given.



People with great knowledge are not hard to find. Wise people, however, are extremely rare. Sri Chinmoy – a philosopher, poet, visionary, mystic and yogi – doubtlessly ranks

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